



May

CLARION-GOLDFIELD SCHOOLS ~ LUNCH MENUS

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of... May 1 - 4		Chili / Fritos Cornbread / Syrup Crunchy Baby Carrots Crisp Celery Stix Juicy Orange Wedges	Br. Pork Patty/ Bun Seasoned Green Beans Fresh Tomato Slices Diced Pears	K-5 The Max Pepperoni Pizza 6-12 Stuff Crust Pepp pizza Cauliflower Florets Seasoned Corn Fruit Slushie	State Fair Corndog Oven Bkd Beans Crunchy Baby Carrots Mixed Fruit
Week of... MAY 7 - 11	Crispy Chicken Patty/Bun Seasoned Green Beans Fresh Tomato Slices Diced Pears	PK-3 Chicken Fries/4-12 Mand Orange Chicken Whipped Potatoes/Stirfry Veggies/ 4-12Garden Blend Rice/Pineapple Tidbits WG Cookie	Goulash Fresh Broccoli/Cauliflower Florets Banana Fresh Bkd Dinner Roll	Mr. Ribb/ Bun Potato Smiles Crunchy Baby Carrots Juicy Orange Wedges	Pizza Crunchers Seasoned Corn Cauliflower Florets Diced Peaches
Week of... MAY 14 - 18	Grilled Hot Dog/Bun 6-12 choice Cheddarwurst Oven Bkd Beans Baby Carrots Crisp Apple Wedges	Breaded Mozzarella Stix Zesty Marinara Sauce Cauliflower Florets/dip Crunchy Baby Carrots Diced Pears	Breaded Chicken Strips Whipped Potatoes Crisp Radishes Crunchy Baby Carrots Diced Peaches Fresh Bkd Cinn Breadstix	PK-3 Gr. Chicken Chez Melt 4-12 Gr.Chix Chez Flatbread Seasoned Green Beans Tomato Slices Mixed Fruit 9-12 Macaroni Salad	Chili Crispito Cheese/Lettuce/Tomato Black Fiesta Beans 9-12 Seasoned Rice Applesauce
Week of... MAY 21 - 25	Softshell Taco Lettuce/ Cheese Diced Tomatoes/Salsa Hearty Refried Beans Pineapple Tidbits WG Cookie	Hamburger w/ Bun Cheese Slice Bkd French Fries Fresh Tomato Slices Applesauce	Bacon Chicken Ranch Wrap 6-12 Flatbread Cheese/Lettuce Sliced Tomatoes/Salsa Seasoned Corn Diced Pears	Turkey Cheese Deli Sub Lettuce/Tomato Slices Oven Baked Beans Doritos Crisp Apple Wedges	PK-5The Max Pepperoni Pizza 9-12 Stuff Crust Pepp pizza Seasoned Green Beans Broccoli Florets/dip Mixed Fruit
Week of... MAY 28 - 31	Memorial Day	cook's choice	cook's choice	cook's choice	
					Menu is subject to change without notice.

USDA REQUIREMENTS FOR REIMBURSABLE SCHOOL LUNCH

5 Daily LUNCH COMPONENT Requirements —
Meat/Meat Alternate – Fruit – Vegetable – Bread – Milk
*Students must choose at least 3 of the 5 items offered,
 one item **MUST** be a serving of fruit or vegetable or a ½ serving of both.*



Skim, Skim Chocolate & 1% Milk offered daily.
 Whole Grain Buns, Breads & Pastas are always used.
 All items offered meet USDA requirements
 in limiting calories to 30% from fat and 35% from sugar.