



March

CLARION-GOLDFIELD-DOWS Schools ~ K-8 BREAKFAST Menus

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of... MARCH 5 - 9	Smuckers PBJ Or Pillsbury cream cheese Bagels Fruit/Juice Milk	WG Cereal Variety or Yogurt Pwd. Sugar Donut Fruit /Juice Milk	Scrambled Egg Sausage Boat Fruit/Juice Milk	WG Cereal Variety or Yogurt WG Muffin Fruit /Juice Milk	Poptart Cheesestick Fruit/Juice Milk
Week of... MARCH 12-16	Glazed Donut Or Smuckers PBJ Fruit /Juice Milk	WG Cereal Variety or Yogurt Muffin Fruit /Juice Milk	Egg Cheese Biscuit Sandwich Fruit/Juice Milk	Poptart Cheesestick Fruit/Juice Milk	Mini Chocolate or Pow- dered Sugar Donuts Fruit /Juice Milk
Week of... MARCH 19 - 23	Smuckers PBJ Or Pillsbury cream cheese Bagels Fruit/Juice Milk	Sausage Biscuit Sandwich Fruit/Juice Milk	WG Cereal Variety or Yogurt Muffin Fruit /Juice Milk	Bacon Scramble Brkfst Pizza Fruit/Juice Milk	WG Cereal Variety or Yogurt Toast/Jelly Fruit/Juice Milk
Week of... MARCH 26 - 30	WG Cereal Variety or Yogurt Pwd. Sugar Donut Fruit /Juice Milk	Egg Cheese Biscuit Sandwich Fruit/Juice Milk	WG Cereal Variety or Yogurt Cinnamon Roll Fruit /Juice Milk	No School - Spring Break	
Menu is subject to change without notice.					

REQUIREMENTS FOR REIMBURSABLE SCHOOL BREAKFAST

3 Daily Breakfast Component Requirements — Grains, Juice/Fruit/Vegetable and Milk

At least 4 food items are offered daily, and students must take at least 3 items, one of which MUST be at least 1/2 cup of juice, fruit or vegetable.



Skim, Skim Chocolate & 1% Milk offered daily.
 Vegetables and fruits may be offered interchangeably.
 Whole Grain Buns and Breads are always used.
 Meat/meat alternate may be offered in place of part of grain component after minimum daily grains requirement is offered.