



February

CLARION-GOLDFIELD-DOWS Schools ~ LUNCH Menus

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of... FEBRUARY 1 - 2				PK-8 Tony's Pepperoni Pizza 9-12 Big Dad's Pepp pizza Seasoned Garbanzo Beans Capri Blend Veg/Pepper strips Peaches Pudding Cup	Pig in a Blanket Oven Bkd Beans Crunchy Baby Carrots Cauliflower Florets Applesauce
Week of... FEBRUARY 5 - 9	Turkey Cheese Deli Sub Sh. Lettuce/Tomato Slices Cowboy Salsa Crisp Apple Wedges Sunchips	Teriyaki Chicken Bowl Stirfry vegetables Crunchy Baby Carrots Garden Blend Rice Pineapple Tidbits Fresh Bkd. Breadstick	Italian Pizza Pasta Bake Seasoned Corn Broccoli Florets Applesauce Fresh Bkd Parmesan Roll	Mr. Ribb/ Bun Oven Bkd. Fries Fresh Tomato Slices Cauliflower Florets Juicy Orange Wedges	Taco Pizza Wedges Lettuce/ Salsa Diced Tomatoes Garbanzo Beans Diced Peaches
Week of... FEBRUARY 12 - 16	Super Nachos Cheese/Lettuce Diced Tomatoes/Salsa Hearty Refried Beans Diced Pears	Breaded Chicken Strips Whipped Potatoes Cucumber Slices Broccoli Florets Crisp Apple Wedges Fresh Bkd Cinn Breadstix	Pizza Crunchers Seasoned Corn Cauliflower Florets Diced Peaches Valentine Treat	Br. Pork Patty/ Bun Seasoned Green Beans Fresh Tomato Slices Crunchy Baby Carrots Warm Cinn Apple slices	PK-8 The Max Cheese Pizza 9-12 Big Dad's 4 Chez pizza Seasoned Garbanzo Beans Capri Blend Veg/Pepper strips Mixed Fruit WG Cookie
Week of... FEBRUARY 19 - 23	State Fair Corndog Oven Bkd Beans Crunchy Baby Carrots Broccoli Florets/dip Diced Pears	Hamburger w/ Bun Cheese Slice Bkd French Fries Fresh Tomato/Cucumber Slices Applesauce	Tatertot Casserole Seasoned Corn Fresh Broccoli Florets Crunchy Baby Carrots Crisp Apple Wedges Fresh Bkd Dinner Roll	Chili Crispito Lettuce/Cheese Diced Tomato/Salsa Savory Black Beans Seasoned Rice Pineapple Tidbits	Gilardo Max Cheese pizza stix Zesty Marinara Sauce Seasoned Green Beans Crunchy Baby Carrots Diced Peaches
Week of... FEB 26 - MAR 2	Ham/Cheese Deli Sub Oven Bkd. Beans Sh. Lettuce/Tomato Slices Warm Cinn Apple slices Sunchips	PK-5 Softshell Taco 6-12 Taco Bar Beef /Chicken Lettuce/ Cheese Diced Tomatoes/Salsa Hearty Refried Beans Applesauce WG Cookie	Breaded Chicken Nugget Whipped Potatoes Crisp Radishes Crunchy Baby Carrots Mixed Fruit Fresh Bkd Cinn Breadstix	Crispy Chicken Patty/Bun Seasoned Corn Fresh Tomato Slices Broccoli Florets/dip Diced Pears 9-12 Coleslaw	Breaded Mozzarella Stix Zesty Marinara Sauce Seasoned Green Beans Crunchy Baby Carrots Diced Peaches
Menu is subject to change without notice.					

USDA REQUIREMENTS FOR REIMBURSABLE SCHOOL LUNCH

5 Daily LUNCH COMPONENT Requirements —
Meat/Meat Alternate – Fruit – Vegetable – Bread – Milk
*Students must choose at least 3 of the 5 items offered,
 one item **MUST** be a serving of fruit or vegetable or a ½ serving of both.*



Skim, Skim Chocolate & 1% Milk offered daily.
 Whole Grain Buns, Breads & Pastas are always used.
 All items offered meet USDA requirements
 in limiting calories to 30% from fat and 35% from sugar.