

April

CLARION-GOLDFIELD-DOWS Schools ~ LUNCH Menus

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of... APRIL 2 - 6	No School - Spring Break	Crispy Chicken Patty/Bun Seasoned Green Beans Crunchy Baby Carrots Warm Cinn Apple Slices	Tater Tot Casserole Fresh Broccoli/Caulif Florets Crisp Apple Wedges Fresh Bkd Dinner Roll	BBQ Beef/ Bun Potato Smiles Cherry Tomatoes Diced Peaches Rice Krispy Bar	PK-5 The Max Pepperoni Pizza 6-12 Stuff Crust Pepp pizza Seasoned Garbanzo Beans Capri Blend Veg Strawberries/Bananas
Week of... APRIL 9 - 13	Mr. Ribb/ Bun Potato Wedges Fresh Tomato Slices Applesauce	Breaded Chicken Nuggets Whipped Potatoes Crisp Radishes Mixed Fruit 6-12 Fresh Bkd Muffin	Italian Pizza Pasta Bake Fresh Broccoli Florets Capri Blend Vegetables Juicy Orange Wedges Fresh Bkd Dinner Roll	Super Nachos Cheese/Lettuce Diced Tomatoes/Salsa Hearty Refried Beans Pineapple Tidbits	Pig in a Blanket Oven Bkd Beans Crunchy Baby Carrots Diced Peaches
Week of... APRIL 16 - 20	Ham/ Cheese Deli Sub Sh. Lettuce/Tomato Slices Cowboy Salsa Mixed Fruit Baked Doritos	Popcorn Chicken Bowl Whipped Potatoes Seasoned Corn Broccoli Florets Diced Peaches 6-12 Fresh Bkd Breadstix	Chicken Noodle Soup/Cracker Grilled Cheese Sand Crunchy Baby Carrots Crisp Celery Stix Apple Wedges	Hamburger w/ Bun Cheese Slice Bkd French Fries Fresh Cucumber Slices Diced Pears	Chili Crispito Lettuce/Cheese Diced Tomato/Salsa Fiesta Black Beans Strawberries/Bananas
Week of... APRIL 23 - 27	K-5 Hot Ham/Bun 6-12 Cheese Slice Seasoned Potato Wedges Cucumber Slices Pineapple Tidbits	PK-5 Softshell Taco 6-12 Taco Bar Beef /Chicken Lettuce/ Cheese Diced Tomatoes/Salsa Hearty Refried Beans Applesauce WG Cookie	K-5 Mac & Cheese 6-12 Pasta Bar(meat,cheese alfredo sauce Seasoned Corn Crunchy Carrots Crisp Apple Wedges Fresh Bkd. Dinner Roll	Teriyaki Chicken Bowl Steamed Broccoli Red Pepper Strips Garden Blend Rice Pineapple Tidbits 6-12 Parmesan Breadstick	Breaded Mozzarella Sticks Zesty Marinara Sauce Seasoned Green Beans Cauliflower Florets Diced Peaches
Week of ... 4 - 30	Bacon Chicken Ranch Wrap 6-12 Flatbread Cheese/Lettuce Sliced Tomatoes/Salsa Seasoned Corn Crisp Apple Wedges				
Menu is subject to change without notice.					

USDA REQUIREMENTS FOR REIMBURSABLE SCHOOL LUNCH

5 Daily LUNCH COMPONENT Requirements —

Meat/Meat Alternate – Fruit – Vegetable – Bread – Milk

Students must choose at least 3 of the 5 items offered,
one item **MUST** be a serving of fruit or vegetable or a ½ serving of both.



Skim, Skim Chocolate & 1% Milk offered daily.
Whole Grain Buns, Breads & Pastas are always used.
All items offered meet USDA requirements
in limiting calories to 30% from fat and 35% from sugar.