



May

CLARION-GOLDFIELD SCHOOLS ~ LUNCH MENUS

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week of... MAY 1 - 5	Ham/Cheese Deli Sub Sh. Lettuce/Tomato Slices Garbanzo Beans Warm Cinn/Apples Sunchips	Crispy Chicken Patty/Bun Seasoned Corn Fresh Tomato Slices Broccoli Florets/dip Diced Peaches 9-12 Coleslaw	PK-3 Chicken Fries 4-12 Mand Orange Chicken Whipped Potatoes Stirfry Vegetables Garden Blend Rice Crisp Applewedges	Br. Pork Patty/ Bun Seasoned Green Beans Fresh Tomato Slices Crunchy Baby Carrots Diced Pears	Super Nachos Cheese/Lettuce Diced Tomatoes/Salsa Hearty Refried Beans AppleSauce
Week of... MAY 8 - 12	Taco Pizza Wedges Lettuce/ Salsa Diced Tomatoes Garbanzo Beans Diced Pears	Hamburger w/ Bun Cheese Slice Bkd French Fries Fresh Tomato/Cucumber Slices Applesauce	Popcorn Chicken Whipped Potatoes Fresh Broccoli Florets Crisp Radishes Diced Peaches Fresh Bkd Cinn Breadstix	K-5 Mac & Cheese 6-12 Pasta Bar(meat,cheese alfredo sauce) Season Green Beans, Carrots Crisp Apple Wedges Fresh Bkd. Dinner Roll Fresh Bkd Dinner Roll	Pig in a Blanket Oven Bkd Beans Crunchy Baby Carrots Cauliflower Florets Juicy Orange Wedges
Week of... MAY 15 - 19	Chili Crispito Lettuce/Cheese Diced Tomato/Salsa Garbanzo Beans Seasoned Rice Pineapple Tidbits	Mr. Ribb/ Bun Oven Bkd. Fries Fresh Tomato Slices Broccoli Florets Applesauce	Breaded Chicken Nugget Whipped Potatoes Crisp Radishes Crunchy Baby Carrots Diced Peaches Fresh Bkd Cinn Breadstix	cook's choice	PK-5 Turkey Cheese Deli Sub 6-12 Flatbread 9-12 w/Bacon Sh. Lettuce/Tomato Slices Crisp Cucumber Slices Fresh Melon Mix
Week of... MAY 22 - 26	Softshell Taco Lettuce/ Cheese Diced Tomatoes/Salsa Hearty Refried Beans Warm Cinn Apples WG Cookie	cook's choice	PK-3 Gr. Chicken Chez Melt 4-12 Gr.Chix Chez Flatbread Seasoned Corn/Tomatoes Pepper Strips Crisp Apple Wedges 6-12 Macaroni Salad	Hamburger w/ Bun Cheese Slice Bkd French Fries Fresh Tomato/Cucumber Slices Diced Pears	Gilardo Max Cheese pizza stix Zesty Marinara Sauce Broccoli Florets/dip Crunchy Baby Carrots Diced Peaches Fruit Slushie
Week of... MAY 29 - 31	Memorial Day	Ham/Cheese Deli Sub Vegetable Variety Fruit Variety Bkd. Chips	cook's choice		
					Menu is subject to change without notice.

USDA REQUIREMENTS FOR REIMBURSABLE SCHOOL LUNCH

5 Daily LUNCH COMPONENT Requirements —
Meat/Meat Alternate – Fruit – Vegetable – Bread – Milk
Students must choose at least 3 of the 5 items offered,
*one item **MUST** be a serving of fruit or vegetable or a ½ serving of both.*



Skim, Skim Chocolate & 1% Milk offered daily.
 Whole Grain Buns, Breads & Pastas are always used.
 All items offered meet USDA requirements
 in limiting calories to 30% from fat and 35% from sugar.